

NLP Presentations by Moz Scott of Mind Resource Management

About Moz



Prior to establishing her training, coaching and consultancy practice at the beginning of 2004, Moz was a partner and director of Mourant, one of Jersey's largest law firms and administration businesses. A graduate from Oxford University, whilst training, coaching and mentoring lawyers and legal trainees in the specialised field of structured finance, Moz became interested in the most effective ways of enabling others to become successful in their chosen outcomes.

Her conclusion that mind management was key to performance led her to study different areas of practical psychology, in particular, neuro-linguistic programming (NLP) and the work of Nobel prize-winning Carl Jung on human behavioural patterns. Moz left Mourant to train as a Master Practitioner and Trainer in NLP.

Popularised by celebrities such as Derren Brown and Paul McKenna and used extensively by leading businesses and top sportsmen for outstanding performance and fast results, NLP is the study of subjective experience and the modelling of excellence. It makes explicit the skills for success that leaders and geniuses use unconsciously. Its application is the essence of effective communication and rapid behavioural changes.

Moz is the first person in the Channel Islands (and one of a small group of people worldwide) trained in New Code NLP, NLP coaching and as a Certified Trainer in NLP by John Grinder, the co-developer of NLP and of New Code NLP. She has used NLP, NLP coaching and New Code NLP applications to assist her clients in achieving their outcomes as well as to help them overcome unwanted habits, limiting beliefs, phobias and allergies within minutes.

In training with some of NLP's other best-known experts, including Tony Robbins, one of the United States' best-known performance coaches, Moz has learnt to fire walk, break boards and fire eat. Her presentations are entertaining as well as invaluable in showing participants how easily they can achieve and maintain outstanding performance and effective communication in all aspects of their lives. Her first public presentation on "How to be More Successful in Less than a Minute", arranged by the Institute of Financial Services, filled the Town Hall in Jersey and received the audience's "rapt attention" according to the local press.

Moz lives in Jersey where she also is working on a children's adventure novel that aims to help children recognise and overcome imagined fears that might otherwise limit their potential as adults. Her other interests and passions are varied and continually expanding.

